



Senior Exercise Physiologist

Position details

Position Number:	00016720
Classification:	HSO Level P2
Agreement:	Health Salaried Officers Agreement
Directorate:	Operations - Service Unit 2 - Mental Health
Department:	CAMHS Inpatient Unit – Ward 5A
Location:	Perth Children's Hospital, QEII Campus, Nedlands

Reporting relationships

This position reports to:

00013795 Nurse Coordinator Mental Health RNM SRN 5

Positions under direct supervision:

Nil

Key Responsibility

- Plans, implements and evaluates Exercise Physiology (EP) services to clients within the Child and Adolescent Health (CAHS) Inpatient Unit (IPU) at Perth Children's Hospital (PCH) using advanced EP clinical practice skills and in accordance with relevant legislation, policies, procedures and standards

About our health service

The Child and Adolescent Health Service (CAHS) is a comprehensive service that supports and treats children from around Western Australia, and is committed to programs that promote lifelong health in children and adolescents.

CAHS is made up of four service streams:

- **Neonatology:** Neonatology provides state-wide tertiary neonatal services to the sickest newborn babies and infants in Western Australia.
- **Community Health:** a comprehensive range of community based early identification and intervention services, as well as health promotion, to children and families in the Perth metropolitan area. Services are provided in a variety of settings including at home, local community health centres, child and parent centres and schools.
- **Child and Adolescent Mental Health Services (CAMHS):** provide mental health services to infants, children, young people and their families across the Perth metropolitan area. Services include community based programs, inpatient care at Perth Children's Hospital and specialised services for children with complex mental health conditions across the State.
- **Perth Children's Hospital (PCH):** is the specialist State-wide paediatric hospital and trauma centre for Western Australia, caring for children up to the age of 16. PCH is also a centre of excellence for teaching and research, partnering in major paediatric research and education initiatives led by the Telethon Kids Institute (TKI) and the State's universities.

Our vision

Healthy kids, healthy communities

Our vision of 'healthy kids, healthy communities' sees that children and young people get the best start in life through health promotion, early identification and intervention and patient centred, family-focused care.

Our objectives



Care for children, young people and families



Provide high-value healthcare



Collaborate with our key support partners



Value and respect our people



Promote teaching, training and research

Our values drive us

CAHS promotes a values based workplace culture and all employees are expected to translate our values into action by providing high quality care through:

Compassion

I treat others with empathy and kindness

Excellence

I take pride in what I do, strive to learn and ensure exceptional service every time

Collaboration

I work together with others to learn and continuously improve our service

Accountability

I take responsibility for my actions and do what I say I will

Equity

I am inclusive, respect diversity and aim to overcome disadvantage

Respect

I value others and treat others as I wish to be treated

Summary of accountabilities

1. Clinical Practice and Coordination

- Provides Exercise Physiology assessment, intervention and evaluation at an advanced practice level for complex and general caseloads within a multidisciplinary team.
- Undertakes a complex and general child and adolescent mental health caseload using advanced Exercise Physiology skills.
- Participates as an active member of the multidisciplinary clinical team/s and liaises with consumers, carers, health professionals, community agencies and others to support care, intervention and discharge planning, report on client progress and outcomes, and initiate referrals.
- Participates in clinical review meetings and case conferences as appropriate
- Develops and extends own professional knowledge and skills.
- Provides specialist consultancy to employees across the CAMHS sector and to other government and non-government agencies on initiatives, specialist skills and services provided.
- Plans, develops, implements, coordinates, evaluates and reports on the provision of specialist Exercise Physiology.

2. Service Development

- Develops, implements and promotes the service's philosophy, program and practices with the support of the Program Manager.
- Collaborates with other agencies in supporting inter-agency program development and service delivery to ensure children and their families are well supported within their own communities.
- Provides regular liaison and networking with service stakeholders, including clinical and service evaluation.
- Participates in the development, planning and evaluation of the program in consultation with the Program Manager.
- Initiates and participates in clinical research projects as appropriate.

3. Professional Development and Clinical Governance

- Accountable for the delivery of safe standards of care as defined by hospital policy, professional standards and respective professional disciplines code of conduct documents.
- Maintains program, directorate and organisational documentation and statistical data associated with professional role and established system processes.
- Supervises and instructs Exercise Physiology students in approved clinical teaching programs.
- Maintains an advanced level of clinical /professional knowledge and skills and awareness of current trends in EP and Child and Adolescent Mental Health.
- Actively participates in the development and review of policies and procedures for the department and ensures appropriate protocols are in place to meet professional standards.



- Contributes to the development of standards, guidelines, policies and procedures related to the delivery of EP services in child and adolescent mental health.
- Acts as a consultant for the role of EP in the area of child and adolescent mental health, maintains a contemporary resource base to support this, and provides education to EPs, students and others.

Participates in regular supervision and evaluation of clinical practice and professional development with staff in the PCH Physiotherapy Department as well as ensuring continuous eligibility as an Accredited Exercise Physiologist with Exercise and Sports Science Australia (ESSA), to maintain professional standards at an advanced level.

4. CAHS governance, integrity, safety and quality requirements

- Commits to undertake the duties of the role in accordance with the WA Health Code of Conduct; the CAHS Vision and Values; and CAHS commitment to protecting children and promoting their safety.
- Maintains a safe work environment by taking reasonable care for own health and safety and that of others.
- Undertakes duties to an agreed performance standard to support safe, high-quality health care with a focus on continual improvement, efficiency, effectiveness and sustainability.
- Directly or indirectly supports the delivery of safe patient care and the consumers' experience ensuring services are family centred.
- Contributes to continuous quality improvement activities by identifying, facilitating or participating in practices in accordance with the requirements of the National Safety and Quality Health Service (NSQHS) Standards, health service strategic direction and the WA Public Sector.
- Completes mandatory and core requirement training as relevant to the role and service.
- Performs duties in accordance with WA Public Sector, WA Health, CAHS and other specific service policies and procedures and applicable legislative obligations under *Public Sector Management Act (WA) 1994*, *Health Services Act (WA) 2016*, *Work Health and Safety Act (WA) 2020*, *Disability Services Act (WA) 1993* and the *Equal Opportunity Act (WA) 1984*.
- Actively contributes to the development of the health service by undertaking other duties as directed including additional tasks or projects in line with continual improvement, collaboration and sustainable health initiatives.



Work related requirements

The following criteria should be considered in the context of the CAHS Vision, Objectives and Values.

Essential selection criteria

1. Tertiary qualification in Exercise Science and accreditation as an Accredited Exercise Physiologist with Exercise and Sports Science Australia (ESSA)
2. Demonstrated extensive clinical Exercise Physiology experience and advanced Exercise Physiology clinical practice skills in assessment and intervention of children and/or adolescents with complex mental health issues.
3. Comprehensive knowledge of Exercise Physiology theories, models and evidence-based interventions relevant to child and adolescent mental health.
4. Proven ability to plan, develop, coordinate, implement and review Exercise Physiology services within a mental health setting.
5. Well-developed communication skills (verbal and written), effective interpersonal and teamwork skills and ability to work within a multidisciplinary team.
6. Proven time management, organisational and administrative skills.
7. Working knowledge of the Mental Health Act 2014.

Desirable selection criteria

1. Ability to supervise and develop Exercise Physiology students.
2. Demonstrated commitment to ongoing professional development.
3. Current knowledge and commitment to Equal Opportunity in all aspects of employment and service delivery.

Appointment to this position is subject to the following:

- Evidence of accreditation as an Accredited Exercise Physiologist with Exercise and Sports Science Australia (ESSA) must be provided prior to commencement
- Working with Children (WWC) Check, compulsory check for people who carry out child-related work in Western Australia.
- Provision of the minimum identity proofing requirements in line with the standards set by the National Security Strategy.
- Successful criminal record screening clearance.
- Successful pre-employment integrity check.
- Successful pre-employment health assessment.



