



HSS Registered

Senior Exercise Physiologist

Position Details 602332

Classification: Level P2
Agreement: Health Salaried Officers Agreement (HSO)
Directorate: Mental Health Specialties
Department: North Metropolitan Eating Disorders Specialist Service
Location: Northbridge/Subiaco

Reporting Relationships

This position reports

TBC	Director, Eating Disorders	HSO L11
-----	----------------------------	---------

Positions under direct clinical supervision:

Nil

Primary Purpose of the Role

As part of a multidisciplinary team provides clinical exercise physiology services to patients using advance practice skills. Plans, implements and evaluates patient safety and quality of care. Practices as a Senior Exercise Physiologist and ensures practice is in accordance to the Exercise and Sports Science Australia *Professional Standards* and SMHS policies and guidelines.



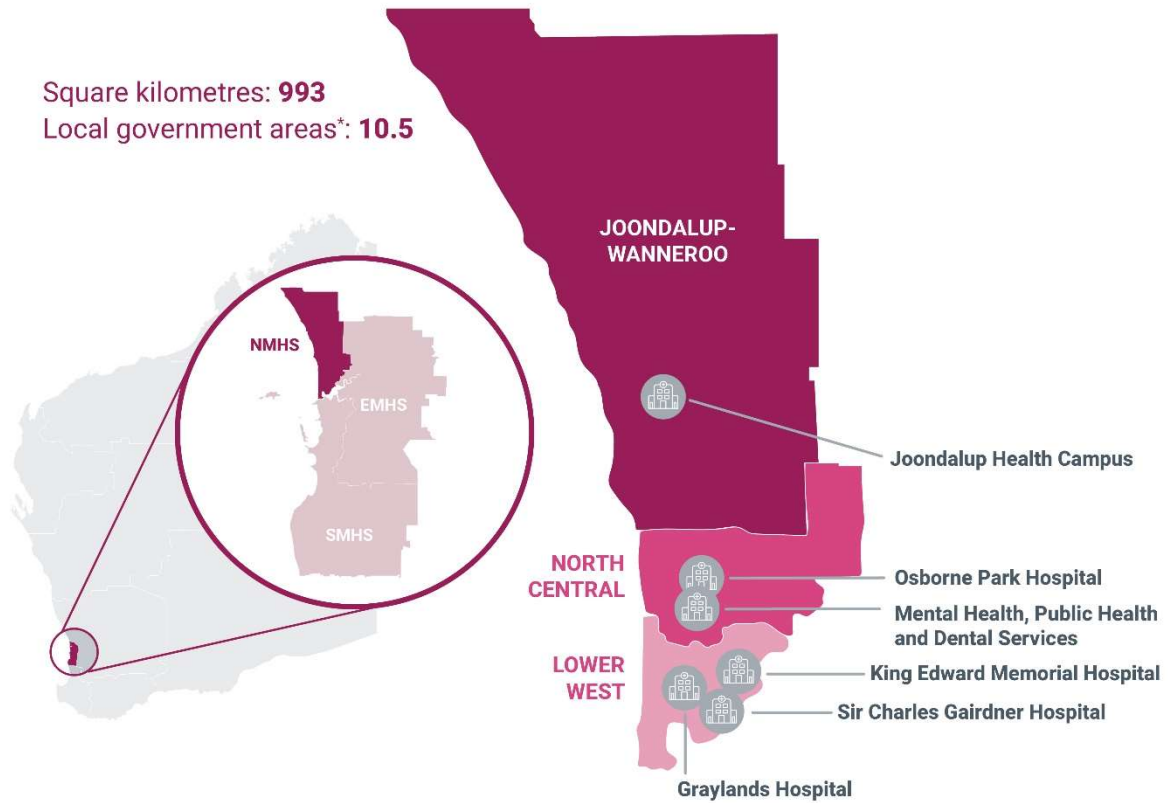
Vision

A trusted partner, delivering excellent health care for our people and our communities.



Mission

To promote and improve the health of our people and our communities.



North Metropolitan Health Service

Since our establishment in 2016, NMHS has embraced best practice to deliver improved clinical outcomes in the face of rising challenges for all healthcare providers. With a budget of \$2.16 billion and 8,917 full-time equivalent (FTE) staff, we serve a population of 736,907 people (about 28% of Western Australia’s total population) within a catchment area of almost 1,000 square kilometres. The population we serve is projected to increase by 17% between 2021 and 2031, and the number aged 65 years and older will increase by 41% over the same period. NMHS provides a comprehensive range of adult specialist medical, surgical, mental health and obstetric services in WA, delivered across three tertiary hospitals and two secondary hospitals, all fully accredited. NMHS oversees the provision of contracted public health care from Joondalup Health Campus operated under a public–private partnership. A range of statewide, highly specialised multidisciplinary services is offered from several NMHS hospital and clinic sites.

Our values



Care

We show empathy, kindness and compassion to all.



Respect

We are inclusive of others and treat everyone with courtesy and dignity.



Innovation

We strive for excellence and are courageous when exploring possibilities for our future.



Teamwork

We work together as one team in a spirit of trust and cooperation.



Integrity

We are honest and accountable and deliver as promised.

Please refer to [NMHS Values – Organisational/Individual Behaviours](#) for information on individual behaviours that reflect the organisation's values.

Our strategic priorities

We are focussing on six strategic priorities for the 2020-2025 period:

<p>Enabling healthy communities We build healthy and engaged communities</p>	<p>People-centred care We will place our consumers' and their carers' best interests and experience at the core of all we do</p>
<p>Integration and connection We will build strong connections and partnerships</p>	<p>Innovation and adaptive models of care We will use research and technology to improve outcomes</p>
<p>Trusted, engaged and capable people We will invest in our people and our culture</p>	<p>Sustainable and reliable We will reduce harm, waste and unwarranted variation</p>

Key Accountabilities

1. Clinical

- 1.1 Provides an advanced level consultation service to patients/clients which prescribes, administers and supervises appropriate therapeutic exercise programs.
- 1.2 Undertakes clinical shifts at the direction of the Director, Eating Disorders.
- 1.3 Undertakes patient assessments to guide safe and effective exercise prescription.
- 1.4 Performs exercise testing for the purpose of guiding clinical management, exercise prescription and assessing patient outcomes.
- 1.5 Educates patients/carers in post discharge management and organises discharge summaries/referrals to other services.
- 1.6 Provides advanced clinical consultation to Exercise Physiologists, other health professionals and others in the clinical area.
- 1.7 Initiates, implements and participates in quality improvement and research activities in consultation with the Director, Eating Disorders to systematically evaluate service delivery and meet customer needs.
- 1.8 Supports and liaises with patients, carers, colleagues, medical, nursing, allied health, support staff, external agencies and the private sector to provide coordinated multidisciplinary care.
- 1.9 Ensures maintenance of appropriate clinical documentation and clinical information systems required by Exercise Physiology staff under their supervision.
- 1.10 Monitors equipment use and ensures its safe and effective working order and maintains stocks and supplies.
- 1.11 Maintains database/s and performs audits on record keeping, statistics, safety and security.
- 1.12 Participates in departmental and other meetings as required to meet organisational and service objectives.
- 1.13 Participates in ongoing evaluation of clinical practice.

2. Education/Training/Research

- 2.1 Engages in continuing professional development/education and ensures continuous eligibility as an Accredited Exercise Physiologist, with Exercise and Sports Science Australia (ESSA) as per essential criterion 1
- 2.2 Undertakes patient education to support health management
- 2.3 Coordinates, supports and/or undertakes the supervision and development of Exercise Physiology staff, students and others as directed by senior staff.
- 2.4 Develop and participate in evidence based clinical research activities (where applicable) in collaboration with Service Manager.

3. NMHS Values: Care, Respect, Innovation, Teamwork, Integrity

- 3.1 Reflects the NMHS values in the way you work, behave and make decisions.

4. NMHS Governance, Safety and Quality Requirements

- 4.1 Participates in the maintenance of a safe work environment.
- 4.2 Participates in an annual performance development review.
- 4.3 Supports the delivery of safe patient care and the consumers' experience including participation in continuous quality improvement activities in accordance with the requirements of the National Safety and Quality Health Service Standards and other recognised health standards.



- 4.4 Completes mandatory training (including safety and quality training) as relevant to role
 - 4.5 Performs duties in accordance with Government, WA Health, North Metropolitan Health Service and Departmental / Program specific policies and procedures.
 - 4.6 Abides by the WA Health Code of Conduct, Occupational Safety and Health legislation, the Disability Services Act, Mental Health Act and the Equal Opportunity Act
- 5. Undertakes other duties as directed.**

Work Related Requirements

The following criteria should be considered in the context of the NMHS Vision, Mission and Values.

Essential Selection Criteria

1. Tertiary qualification in Exercise Science and accreditation as an Accredited Exercise Physiologist with Exercise and Sports Science Australia (ESSA).
2. Demonstrated extensive relevant clinical experience and knowledge and advanced skills in appropriate assessment, treatment and evaluation within Exercise Physiology practice.
3. Demonstrated ability to plan, develop, coordinate, implement and evaluate Exercise Physiology services including application of quality improvement principles and practices.
4. Demonstrated high level time management and organisational skills when planning, providing and monitoring Exercise Physiology services within a designated caseload.
5. Demonstrated high level effective interpersonal, written and verbal communication skills.
6. Demonstrated ability to work effectively in a multidisciplinary team setting.

Desirable Selection Criteria

1. Current knowledge and commitment to Equal Opportunity in all aspects of employment and service delivery.
2. Completion or progress toward a relevant postgraduate qualification in a relevant clinical area.

Appointment Prerequisites

Appointment is subject to:

- Evidence of accreditation as an Accredited Exercise Physiologist with Exercise and Sports Science Australia (ESSA) must be provided prior to commencement.
- Provision of the minimum identity proofing requirements.
- Successful Criminal Record Screening Clearance.
- Successful Pre-Employment Integrity Check.
- Successful Pre-Employment Health Assessment.

Certification

The details contained in this document are an accurate statement of the duties, responsibilities and other requirements of the position.

Manager/Supervisor

Name:
Signature/HE:
Date:

Dept./Division Head

Name:
Signature:
Date:

Position Occupant

Name:
Signature:
Date:

