



Healthy kids, healthy communities

Compassion

Excellence

Collaboration

Accountability

Equity

Respect

Clinical Nurse Specialist

Position details

Position Number:	00006225, 00017418, 00017419
Classification:	RNM Level 3
Agreement:	Nurses and Midwives Agreement
Directorate:	Operations - Service Unit 2 - Mental Health
Department:	Child and Adolescent Mental Health Service
Location:	Eating Disorders Service

Reporting relationships

This position reports to:

00007116 Service Manager Level G9

Positions under direct supervision:

Nil

Key Responsibility

- Responsible for providing evidenced based biopsychosocial interventions for children and adolescents with eating disorders and other conditions within an inpatient, day patients and community setting.

About our health service

The Child and Adolescent Health Service (CAHS) is a comprehensive service that supports and treats children from around Western Australia, and is committed to programs that promote lifelong health in children and adolescents.

CAHS is made up of four service streams:

- **Neonatology:** Neonatology provides state-wide tertiary neonatal services to the sickest newborn babies and infants in Western Australia.
- **Community Health:** a comprehensive range of community based early identification and intervention services, as well as health promotion, to children and families in the Perth metropolitan area. Services are provided in a variety of settings including at home, local community health centres, child and parent centres and schools.
- **Child and Adolescent Mental Health Services (CAMHS):** provide mental health services to infants, children, young people and their families across the Perth metropolitan area. Services include community based programs, inpatient care at Perth Children's Hospital and specialised services for children with complex mental health conditions across the State.
- **Perth Children's Hospital (PCH):** is the specialist State-wide paediatric hospital and trauma centre for Western Australia, caring for children up to the age of 16. PCH is also a centre of excellence for teaching and research, partnering in major paediatric research and education initiatives led by the Telethon Kids Institute (TKI) and the State's universities.

Our vision

Healthy kids, healthy communities

Our vision of 'healthy kids, healthy communities' sees that children and young people get the best start in life through health promotion, early identification and intervention and patient centred, family-focused care.

Our objectives



Care for children, young people and families



Provide high-value healthcare



Collaborate with our key support partners



Value and respect our people



Promote teaching, training and research

Our values drive us

CAHS promotes a values based workplace culture and all employees are expected to translate our values into action by providing high quality care through:

Compassion

I treat others with empathy and kindness

Excellence

I take pride in what I do, strive to learn and ensure exceptional service every time

Collaboration

I work together with others to learn and continuously improve our service

Accountability

I take responsibility for my actions and do what I say I will

Equity

I am inclusive, respect diversity and aim to overcome disadvantage

Respect

I value others and treat others as I wish to be treated

Summary of accountabilities

1. Clinical Services

- Responsible for conducting primary triage assessments via telephone contacts and community visits, consulting with the multidisciplinary team.
- Undertakes duties in accordance with the Mental Health Act, 2014
- Assesses crises in the community and assists responses with other agencies.
- Delivers community mental health interventions using a variety of clinical skills and therapies.
- Assists with multi-disciplinary interventions requiring both medical and psychological care whilst on the medical wards.
- Participates in the development of individualised treatment plan in conjunction with the multidisciplinary team ensuring the maintenance of appropriate client records.
- Maintains optimum functioning of the client in the community setting with interventions aimed at family / carer support.
- Provides specialist consultation on issues relating to child and adolescent eating disorders.
- Acts as a senior member of the multidisciplinary team.
- Maintains accurate, effective clinical documentation and clinical liaison.
- Provides support and debriefing for other nursing staff, following stressful clinical situations

2. Education and Consultancy

- Provides and participates in mental health promotion and educational programmes of clients, carers and various community agencies, particularly in relation to eating disorders.
- Develops, provides and participates in staff training and development programmes.
- Participates in relevant research projects.
- Provides supervision and training as required for other staff and students

3. CAHS governance, integrity, safety and quality requirements

- Commits to undertake the duties of the role in accordance with the WA Health Code of Conduct; the CAHS Vision and Values; and CAHS commitment to protecting children and promoting their safety.
- Maintains a safe work environment by taking reasonable care for own health and safety and that of others.
- Undertakes duties to an agreed performance standard to support safe, high-quality health care with a focus on continual improvement, efficiency, effectiveness and sustainability.
- Directly or indirectly supports the delivery of safe patient care and the consumers' experience ensuring services are family centred.
- Contributes to continuous quality improvement activities by identifying, facilitating or participating in practices in accordance with the requirements of the National Safety and Quality Health Service (NSQHS) Standards, health service strategic direction and the WA Public Sector.
- Completes mandatory and core requirement training as relevant to the role and service.

- Performs duties in accordance with WA Public Sector, WA Health, CAHS and other specific service policies and procedures and applicable legislative obligations under *Public Sector Management Act (WA) 1994*, *Health Services Act (WA) 2016*, *Occupational Safety and Health Act (WA) 1984*, *Disability Services Act (WA) 1993* and the *Equal Opportunity Act (WA) 1984*.
- Actively contributes to the development of the health service by undertaking other duties as directed including additional tasks or projects in line with continual improvement, collaboration and sustainable health initiatives.

Work related requirements

The following criteria should be considered in the context of the CAHS Vision, Objectives and Values.

Essential selection criteria

1. Eligible for registration in the category of Registered Nurse with the Nursing and Midwifery Board of Australia.
2. Advanced knowledge of mental health disorders and demonstrated recent clinical practice in hospital, community or consultation liaison mental health.
3. Advanced skills relevant to triage, medical care, risk assessment, counselling, crisis intervention and treatment planning.
4. Demonstrated high level of communication, negotiation, problem solving and interpersonal skills.
5. Demonstrated ability to work effectively in a multidisciplinary team setting.
6. Extensive knowledge of the Mental Health Act, 2014 and demonstrated ability to apply this in a clinical setting.
7. High level of knowledge and understanding of clinical governance issues.
8. Current drivers licence.
9. Current knowledge of legislative obligations for Equal Opportunity, Disability Services and Occupational Safety and Health, and how these impact on employment and service delivery.

Desirable selection criteria

1. Possession of (or substantial progression towards) a relevant tertiary qualification.
2. Experience treating children and adolescents with eating disorders
3. Demonstrated computer skills with working knowledge of PSOLIS and NOCC

Appointment to this position is subject to the following:

- Evidence of current registration by the Nursing and Midwifery Board of Australia must be provided prior to commencement
- Working with Children (WWC) Check, compulsory check for people who carry out child-related work in Western Australia.
- Current Drivers' Licence
- Completion of 100 point identification check
- Provision of the minimum identity proofing requirements in line with the standards set by the National Security Strategy.
- Successful criminal record screening clearance.
- Successful pre-employment integrity check.
- Successful pre-employment health assessment.

Certification

Created on	Last Reviewed	HSS Registered
Insert date	Insert date	31/01/2022

I verify that the details in this document are an accurate reflection of the requirements of the position.

_____ Manager / Supervisor	_____ Signature or HE Number	_____ Date
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As an Occupant of this position, I have noted the statement of duties, responsibilities and other requirements as detailed in this document.

_____ Occupant Name	_____ Signature or HE Number	_____ Date
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